Monday

Toast with jam or butter
Selection of cereals Fresh fruit/yoghurt
Fresh fruit/yoghurt
Fresh fruit, yoghurt,
selection of crackers
Tuesday

Toast with jam or butter
Selection of cereals Fresh fruit/yoghurt

Wednesday
Toast with jam or butter Selection of cereals Fresh fruit/yoghurt
Fresh fruit, yoghurt,
selection of crackers

Thursday
Toast with jam or butter Selection of cereals Fresh fruit/yoghurt

Friday

Toast with jam or butter Selection of cereals Fresh fruit/yoghurt

Mid-Morning Snack
Lunch

## Mid-Afternoon

 SnackTea
Drinks

## Allergy

 Information| Tuna Pasta Daily fresh veg Fresh fruit salad | Cottage Pie Daily fresh veg Cacao mousse | Chicken curry \& rice Daily fresh veg Fruit Jelly | Spaghetti Bolognese Daily fresh veg Banana cake | Tomato Arrabiata Pasta Daily fresh veg Chocolate cake |
| :---: | :---: | :---: | :---: | :---: |
| Crackers/butter/jam/ cheese/ fresh fruit | Crackers/butter/jam/ cheese/ fresh fruit | Crackers/butter/jam/ cheese/ fresh fruit | Crackers/butter/jam/ cheese/ fresh fruit | Challah bread |
| Selection of sandwiches | Selection of sandwiches | Selection of sandwiches | Selection of sandwiches | Shabbat |
| Water \& milk | Water \& milk | Water \& milk | Water \& milk | Water \& milk |
| All food is free from gluten, nuts, wheat, dairy, egg \& genetic modification. | All food is free from gluten, nuts, wheat, dairy, egg \& genetic modification. | All food is free from gluten, nuts, wheat, dairy, egg \& genetic modification. | All food is free from gluten, nuts, wheat, dairy, egg \& genetic modification. | All food is free from gluten, nuts, wheat, dairy, egg \& genetic modification. |
| LUNCH VEGAN OPTIONS: Korma Curry, Cottage Pie, Pasta Dishes \& Baked Butternut Bites. |  |  |  |  |
| PLEASE INFORM US IF YOUR CHILD HAS ANY FOOD ALLERGIES. |  |  |  | - |

